



Novena for a Rebirth of Chastity and Purity July 18-26 Annually

Join Couple to Couple League of Northwest Indiana in praying for chastity and purity in the world. We will begin this novena on July 18th each year in preparation for the USCCB's NFP Awareness Week and complete the novena on the feast of Sts. Joachim and Anne.

Mary, our Mother, perfect model of purity and chastity, pray for us.

July 18

For all priests, bishops, cardinals, and our Holy Father

Lord, God, thank you for the gift of holy priesthood. We ask you to take each one of your most precious sons into the depths of your most Sacred Heart where they may be protected from the world's contagion and from the deception of the evil one. Help them to cultivate a strong devotion and love for their most pure and holy Mother, the Blessed Virgin Mary. Give strength and courage to your chosen ones that they may defend life always and promote marital and virginal chastity especially when it seems difficult to do so. Grant to them a greater understanding and love for the Most Holy Trinity so that they may see within the Godhead this mystery of total self-giving and self-sacrificing love that brings forth and sustains all life. Give them a great zeal and ardent desire to bring You pure and chaste souls. Strengthen them and grant them the grace to remain always faithful to the total vow of chastity that they have taken for the sake of the Kingdom. Holy Spirit breathe the fire of your love into their hearts, minds and souls that they may go forth and preach the Gospel of Life and Chastity to every soul whom they have been entrusted with. Amen.

One Our Father, One Hail Mary, One Glory Be.

July 19

For all married couples

Lord, God, we ask your very special graces and blessings upon all married couples. Help them to grow in their understanding and in their love for the virtue of chastity and purity. Lord, help those couples who have never heard about natural family planning to be led to this information. Shower special graces upon your people, O Lord, that hardened hearts may be softened to hear your message of the Good News about the Gospel of Life and Love. Help all married couples develop the virtue of self-control and a total self-giving love. Help them to contemplate and meditate upon the Most Holy Trinity and to imitate the Godhead in their love for one another and for their family. We ask for your special aid and graces for those couples who are striving to live chaste lives but are finding it difficult amidst the temptations and the confusion wrought by this world. Help those couples who are practicing Natural Family Planning to persevere and to always maintain a generosity to life. Holy Spirit breathe the fire of your love into the hearts, minds and souls of all married couples that they may live their marriage vows with dignity and with respect to the moral order for the greater honor and glory of God. Amen.

One Our Father, One Hail Mary, One Glory Be.

July 20

For all the unmarried

Lord, God, we ask your very special graces and blessings to be showered this day upon all the unmarried. Help them to embrace and love deeply the sweet virtues of chastity and purity. Give to them the resolve they need to remain pure in a world that is hostile to such teachings. Take all of our precious youth, dear Mother, under your protective mantel where they may be kept unstained, unsullied, and unblemished. Lord, Jesus, call and beckon those who have strayed and sinned to come back to your loving arms, and to start clean again through the Sacrament of Reconciliation. Guide, with your loving hands, Lord, all engaged couples that they may remain pure and chaste throughout their courtship. Give special aid, O Spotless Lamb, to those who have never heard about the virtues of chastity and purity. Soften their hearts and lead them to the well of chastity where they may drink of the pristine and uncontaminated waters. Help all of our children and the parents who love them, sweet Jesus, to guard attentively the minds and souls of their precious little ones so that they may be kept from impure images, art, music, books and movies, that may work to usurp their beloved innocence. And, sweet Jesus and dear Mother, we pray especially for those souls who bear the cross of homosexuality. Lead them to embrace chastity and may your most Precious Blood deliver them from the deceit and the lies of the evil one. Holy Spirit breathe the fire of your love into the hearts, minds and souls of all the unmarried that they may grow ardently in their love and understanding to acquire the virtues of chastity and purity. Amen.

One Our Father, One Hail Mary, One Glory Be.

July 21

For all doctors, nurses, and all who work in the fields of medicine and pharmacology

Lord, God, we ask your very special blessings and graces to be showered forth upon those who serve you in their ministry to others in the fields of medicine and pharmacology. Help them always to maintain a high respect and dignity for all human life from the moment of conception until natural death. Grant to them a deep and abiding love and awe for the creative powers you have endowed to your creatures. May they use technology and medicine for your greater honor and glory and with the utmost respect to the moral law and natural order. Lead many doctors and nurses, sweet Jesus, to the Good News of Natural Family Planning. Give them all the great gift of humility and a fervent desire to know and to do Your Will. We thank you with overflowing hearts, Lord, for those doctors and nurses who have embraced your calling and who promote only Natural Family Planning to their patients. Give them fortitude to go against the tide and bless them, their practices and their families one-hundred fold. Give special strength, O Divine Physician, to those who hear your voice but are afraid to come. Keep knocking patiently and perseveringly upon their hearts and may they know and accept Your love for them. Holy Spirit breathe the fire of your love into the hearts, minds and souls of all in the medical and health fields that they may be sanctified to grow in love of chastity and purity and thus gain an earnestness to bring these holy virtues to the souls that they minister to. Amen.

One Our Father, One Hail Mary, One Glory Be.

July 22, St. Mary Magdalene

For all who work in entertainment and the arts

Lord, God, we ask you today to send forth in great abundance, through your Mother's Most Immaculate and Pure Heart, the graces needed to convert and change the hearts of all those who work in the entertainment industry and in the arts. Grant them the gift to see the true beauty and dignity of the human person and thus create accordingly. Let them always place the virtue of chastity and purity at the forefront of their creations. Through the intercession of St. Mary Magdalene, may all writers, producers, artists, musicians and poets come to love you just as much as this holy woman did. Free from the bonds of slavery all those addicted to pornography and all those involved in prostitution. May Your Most Precious Blood this very day cover the multitude of sins committed against the flesh and wash clean the hearts of those who are deceived by the evil one. Holy Spirit breathe the fire of your love into the hearts, minds and souls of every single person involved with entertainment and art, that they may be directed by Your voice and Your love in the work that they produce, and as such, give You high honor and glory for all the world to see. Amen.

One Our Father, One Hail Mary, One Glory Be.

July 23, St. Bridget of Sweden

For all divorced couples, for those having marital difficulty and for broken families

Lord, God, we come before you today to beg for mercy on behalf of all those couples and families who are hurting and who are bearing heavy crosses at this very moment. We beg for the graces for all husbands and wives to be able to give of themselves so completely and so unselfishly, laying down their very own wills and lives for one another, just as you did for love of us. Give all families the supernatural graces they need to live out their vocations as husbands and wives, as mothers and fathers, and as sons and daughters, in complete imitation of the Most Holy Trinity. Heal, in a very special way, Lord, the hearts and souls of those husbands and wives who are bearing the cross of either past or present infidelity. Allow true contrition and forgiveness to enter into their hearts. Transform and sanctify all marriages and families. Call those who have left the fold home to You and to Your Church. Help them to see the importance of chastity and purity in their lives as one of the most important means for getting back on track. Holy Spirit breathe the fire of your love into the hearts, minds and souls of all those who have been wounded by divorce, marital infidelity or other marital difficulties, that they may soon feel the presence of God's love burning within them and for them, so as to give and share this love with their spouses and families. Amen.

One Our Father, One Hail Mary, One Glory Be.

July 24

For all teachers and educators

Lord, God, today we beg of you to send forth your Spirit of Love and Truth upon all who educate and instruct. Give them a sincere desire and yearning to know the Truth and a humble and open heart to accept it. We especially lift up to you our Catholic schools and universities. May these servants of yours always place chastity and purity at the forefront of their instruction. May they remain ever faithful to the teachings of Holy Mother Church. May they never tire or become afraid of being that salt and light in a world of darkness. Our sweet Jesus, awaken the minds and stir the hearts of those who are being deceived by the evil one into false teachings. O Divine Instructor, give to them all a thirst for righteousness and wisdom that comes only from You. Bless all teachers and educators, Lord, who do labor so unselfishly to spread the knowledge of Christ. Holy Spirit breathe the fire of Your love into the hearts, minds and souls of all educators that they may constantly meditate upon the Most Holy Trinity, the source of all wisdom, the source of purity and chastity. Amen.

One Our Father, One Hail Mary, One Glory Be.

July 25, St. James the Greater — Anniversary of Pope Paul VI's Humanae Vitae

For all those who pray and labor for a rebirth of chastity and purity.

Lord, God, we humbly come before you this day asking a very special blessing upon all those who minister for the cause of life, chastity and purity. Grant all the gift of humility and purity of intention. Grant them fortitude, wisdom and counsel. Help them to see Your Most Holy Face in every single person that they serve. Let them never judge another nor bring condemnation. Bless their labors and prayers abundantly with the fruit of many conversions and many souls being led more closely to You. Help them to be like St. James, unafraid to go out into the deep, away from the safety of the shore, to bring the light of chastity and purity to those who are in most need. Protect this very special work, dearest Jesus, from all division, jealousy, bitterness and contention of any kind. May all their work be done for the sole honor and glory of God. Holy Spirit breathe the fire of Your love into the hearts, minds, and souls of all who pray and labor for the cause of chastity, purity and life that they may be renewed in spirit, fortified for the battle, and hopeful for the salvation of many souls. Amen.

One Our Father, One Hail Mary and One Glory Be.

July 26, St. Joachim and St. Anne

For all those who bear the cross of infertility

Lord, God, thank you for the gift of life and for the gift of children. This very day we ask you for a special blessing and healing upon all those couples who so desire the gift of a child and wait patiently for Your timing. Grant them the supernatural gifts of hope, trust and patience in Your Divine Providence. Guide all who labor and research to help infertile couples to your Divine Wisdom and to follow the natural law and moral order that you have established. Give all who struggle with this pain complete resignation to Your Divine Will. Bless and strengthen those families who have adopted a child or who serve as foster parents. Help all couples who struggle with infertility to remain chaste and pure. And grant them the grace to drink joyfully from this bitter cup, offering up their pain and agony for the salvation of souls. Dear St. Joachim and St. Anne, you, too, knew the sorrow of being childless. Intercede for these couples that God, too, in His perfect time and way may grant to them the precious and eternal gift of a child. Holy Spirit breathe the fire of your love into the hearts, minds and souls of all couples who yearn for a child that they may be forever blessed with such a precious gift, done all in accord with Your Most Holy Will. Amen.

One Our Father, One Hail Mary, One Glory Be.

Attributed to:

Couple to Couple League of Indianapolis

For local information:

Couple to Couple League of Northwest Indiana

www.nfpnwi.org